

FN 101 Introduction to the Professions of Dietetics and Nutrition

Fall 2019

Introduction to the fields of nutrition, dietetics and food service administration. Educational requirements and role of the nutrition educator and dietitian in varied settings.
(1 credit – pass/fail)

Class Time: Lecture 8:00-8:50 MW CPS 116 9/3/2019-10/25/2019

Instructor: Deborah Tang, MS, RD, CD

Office: CPS 240B

Phone: 715-346-2749 **Email:** dtang@uwsp.edu

Office Hours: I plan to be available on Mondays from 9:00-11:00 a.m. and Thursdays from 10:00 a.m.-12:00 p.m. However, times may vary for some weeks due to meetings and other unforeseeable circumstances. It is best to make arrangements with me via email to secure a meeting time. There may be other times more convenient for you that can be arranged as well.

Rental Text:

Payne-Palacio, J.R., Canter, D.D., *The Profession of Dietetics, A Team Approach*, Jones and Bartlett Learning, LLC., 4th ED., 2011.

Objectives:

At the end of this course the student will be able to:

- Describe the profession of dietetics and nutrition.
- Identify the Academy of Nutrition & Dietetics Standards of Professional Practice for dietetics professionals and Code of Ethics for the profession of dietetics.
- Explain the pathway to becoming a Registered Dietitian.
- Begin developing a learning and leadership electronic portfolio.
- Develop an academic plan and extra-curricular plan to obtain a post-graduate career goal.
- Recognize how globalization will impact dietetics and require language skills and knowledge of cultural differences.

Please note: This course does not meet the Wellness GEP. It is intended to highlight the educational path and career opportunities for students considering dietetics and nutrition as a major.

2017 ACEND Accreditation Standards for Nutrition and Dietetics Didactic Programs (DPD)

KRDN 2.2 Describe the governance of nutrition and dietetics practice, such as the Scope of Nutrition and Dietetics Practice and the code of Ethics for the Profession of Nutrition and Dietetics; and describe interprofessional relationships in various practice settings.

KRDN 2.7 Demonstrate identification with the nutrition and dietetics profession through activities such as participation in professional organizations and defending a position on issues impacting the nutrition and dietetics profession.

Competencies for Sustainable Food and Nutrition (SFN)

Food and Nutrition Policy

Describe ways to collaborate with community members and other professionals to create communities and settings in which healthy food options are easy, affordable, and desired and unhealthy foods are less prominent and less desired.

Written, Oral and Social Media Communication

Communicate effectively in written, visual, and oral form, with individuals, the media, and other groups, in ways that are appropriate for diverse audiences.

Learning Management System:

This course uses Canvas, the New Learning Management System (LMS) being adapted across the UW System. Canvas can be accessed via a launch portal at www.uwsp.edu/canvas using your campus login and password. Help in Canvas is available at the bottom of the launch portal, and through the “Help” menu within Canvas. A student orientation / training course is available for self-registration at <https://uws.instructure.com/enroll/FNRAL8>.

Assignments:

All assignments are to be submitted electronically on Canvas. Please do not email assignments.

Guest Speakers:

Throughout the semester, professionals in the fields of dietetics and nutrition are invited to visit and share their experience and expertise with our class. To encourage students to attend and learn from these invaluable sessions, points will be awarded for attendance. Please come prepared with questions for the guest speakers.

Absences due to Military Service:

As stated in the UWSP Catalog, you will not be penalized for class absence due to unavoidable or legitimate required military obligations, or medical appointments at a VA facility, not to exceed two (2) weeks unless special permission is granted by the instructor. You are responsible for notifying faculty members of such circumstances as far in advance as possible and for providing documentation to the Office of the Dean of Students to verify the reason for the absence. The faculty member is responsible to provide reasonable accommodations or opportunities to make up exams or other course assignments that have an impact on the course grade. For absences due to being deployed for active duty, please refer to the Military Call-Up Instructions for Students.

Religious Beliefs Accommodation:

It is UW System policy ([UWS 22](#)) to reasonably accommodate your sincerely held religious beliefs with respect to all examinations and other academic requirements.

You will be permitted to make up an academic requirement by an alternative method, without any prejudicial effect, if:

- There is a scheduling conflict between your sincerely held religious beliefs and meeting the academic requirements; and
- You have notified your instructor within the first three weeks of the beginning of classes (first week of summer or interim courses) of the specific days or dates that you will request relief from an examination or academic requirement.
- Your instructor will accept the sincerity of your religious beliefs at face value and keep your request confidential.
- Your instructor will schedule a make-up exam or requirement before or after the regularly scheduled exam or requirement.
- You may file any complaints regarding compliance with this policy in the Equity and Affirmative Action Office.

Care Team:

The University of Wisconsin-Stevens Point is committed to the safety and success of all students. The Office of the Dean of Students supports the campus community by reaching out and providing resources in areas where a student may be struggling or experiencing barriers to their success. Faculty and staff are asked to be proactive, supportive, and involved in facilitating the success of our students through early detection, reporting, and intervention. As your instructor, I may contact the Office of the Dean of Students if I sense you are in need of additional support which individually I may not be able to provide. You may also share a concern if you or another member of our campus community needs support, is distressed, or exhibits concerning behavior that is interfering with the academic or personal success or the safety of others, by reporting [here](#).

Academic Conduct:

This course is part of the UW-Stevens Point academic community, an academic community that is bound together by the traditions and practice of scholarship. Honest intellectual work – on written assignments is essential to the success of this community of scholars. Disguising words written by others as your own undermines the trust and respect on which our course depends. I have every confidence that each of you can succeed. Doing your own work will enhance your sense of accomplishment when the semester comes to a close.

Additionally, the classroom environment is a unique opportunity for students to share ideas, opinions, discuss classroom and course content. As each student is entitled to contribute in class, specific expectations are necessary to ensure a thriving classroom environment. Expectations include: arriving to class on time, being prepared for class, and keeping cell phones silenced or turned off and put away. Behaviors such as loud shouting, excessive side conversations, arriving to class under the influence of any alcohol or drugs, profane language, and verbal or physical threats, intimidation of any kind, or any other behavior that may be disruptive to the instructor or other students are considered unacceptable. If any of this behavior is exhibited, you may be asked to leave the class for the day. Any continued disruptive behavior may result in a referral to the Dean of Students Office.

For additional information, please refer to the statements on Academic Standards as outlined by the Office of Student Rights and Responsibilities. You can read the full text of Chapter 14 on

“Student Academic Standards & Disciplinary Procedures” at <https://www.uwsp.edu/dos/Documents/UWSP14-Final2019.pdf>

Electronic Devices:

The use of cell phones will not be permitted during lectures. Research supports that having visual access to a cell phone diminishes our ability to learn. Checking social media, texts, emails, and messages is unprofessional and disrespectful to our class community. Please turn off your phone during class; I will do so as well. If you are expecting an important phone call or dealing with an emergency, please silence your phone and let the instructor know that you may have to receive a call outside the classroom or lab. Students will be asked to leave their electronics at the front of the classroom until the end of the class period if misuse is observed.

Disability and Accommodations:

In accordance with federal law and UW System policies, UWSP strives to make all learning experiences as accessible as possible. If you need accommodations for a disability (including mental health, chronic or temporary medical conditions), please visit with the Disability and Assistive Technology Center within the first 2 weeks of class to determine reasonable accommodations and notify faculty. After notification, please discuss your accommodations with me so that they may be implemented in a timely fashion. DATC contact info: datctr@uwsp.edu; 715/346-3365; 609 Albertson Hall, 900 Reserve Street.

Additional Campus Policies:

FERPA

The Family Educational Rights and Privacy Act (FERPA) provides students with a right to protect, review, and correct their student records. Staff of the university with a clear educational need to know may also have access to certain student records. Exceptions to the law include parental notification in cases of alcohol or drug use, and in case of a health or safety concern. FERPA also permits a school to disclose personally identifiable information from a student’s education records, without consent, to another school in which the student seeks or intends to enroll.

Reporting Incidents of Bias/Hate

It is my intent that students from all diverse backgrounds and perspectives be well-served by this course, that students’ learning needs be addressed both in and out of class, and that the diversity that the students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally, or for other students or student groups.

If you have experienced a bias incident (an act of conduct, speech, or expression to which a bias motive is evident as a contributing factor regardless of whether the act is criminal) at UWSP, you have the right to report it: <https://www.uwsp.edu/dos/Pages/Anonymous-Report.aspx>.

You may also contact the Office of the Dean of Students directly at dos@uwsp.edu. Diversity and College Access is available for resources and support of all students: <https://www.uwsp.edu/dca/Pages/default.aspx>.

Clery Act

The US Department of Education requires universities to disclose and publish campus crime statistics, security information, and fire safety information annually. Statistics for the three previous calendar years and policy statements are released on or before October 1st in our

[Annual Security Report](#). Another requirement of the Clery Act is that the campus community must be given timely warnings of ongoing safety threats and immediate/emergency notifications. For more information about when and how these notices will be sent out, please see our [Jeanne Clery Act](#) page.

Class Points:

Job Search assignment	20% (Due Sept 18)
Attend a resume workshop*	10% (By Oct 11)
Build your resume	10% (Due Oct 16)
Electronic portfolio assignment (also attach your resume to the ePortfolio)	30% (Due Oct 16)
Guest speakers' attendance points	30% (6% for each session)
Total of 6 guest speakers (one excused absence)	

*You must attend **one resume workshop** presented by the Academic and Career Advising Center (ACAC). Dates, times, and locations will be posted on Canvas.

This class is pass/fail. A student must accumulate 70% to pass.

One Free Pass - No Questions Asked!

This pass entitles a student to one late assignment submission, up to one week late (until midnight). This pass can only be used once in FN 101.

Student:

Date submitted:

Original Due Date:

Assignment:

You must submit an electronic copy of this coupon (filled in blanks above) with your assignment in the assignment dropbox.

Tentative Schedule for FN 101 – Fall 2019

Week	Date	Topic	Text Chapter
1	9/4	Introduction Develop questions for guest speakers	1, 2, 8
2	9/9	Guest Speaker – Academic & Career Advising Center https://www.uwsp.edu/HPHD/Pages/advising.aspx https://www.uwsp.edu/acac/pages/college-acacs.aspx	Canvas postings
	9/11	Academy of Nutrition and Dietetics (A.N.D.) www.eatright.org Society for Nutrition Education and Behavior (SNEB) www.sneb.org/ Introduce Job Search Assignment	5
3	9/16	Education – nutrition and dietetics Dietetic internship and RD exam Introduce Build Your Resume Assignment	6 Ch 7, pp. 157-162
	9/18	Commission on Dietetic Registration (CDR) Professional Development, continuing education Dietetics Practice Groups (DPG) Job Search Assignment due, submit in Canvas	7 Ch 8, pp.176-178
4	9/23	Electronic portfolio Introduce Electronic Portfolio Assignment	4 Canvas postings
	9/25	Electronic portfolio Q&A - Computer lab (CPS 107) drop in	
5	9/30	Guest speaker	
	10/2	Guest speaker	
6	10/7	Standards of Practice (SOP), Standards of Professional Performance (SOPP), Code of Ethics	Canvas postings
	10/9	Future of nutrition and dietetics Attend a Resume Workshop by October 11	
7	10/14	Guest speaker	9
	10/16	Guest speaker Build your Resume and Electronic Portfolio Assignments due, submit in Canvas	
8	10/21	Guest speaker	
	10/23	Professionalism...here and now Wrap up	10